
REGISTRATION FORM

(Please print or type)

Name: _____

Title: _____

Phone (Day): _____

Name of Agency: _____

Address: _____

City/Zip: _____

E-mail: _____

REGISTRATION DEADLINE – Nov. 27!

Registration Fee:

\$75 – Non-OU Faculty & Healthcare Providers

\$25 – Non-OU Graduate Students

No Fee – OUCN Faculty

(Required Faculty Development)

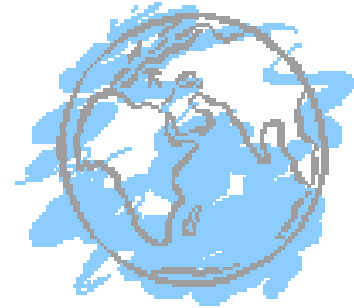
No Fee – OU Undergraduate/Graduate Students

**Make check payable to:
“OU College of Nursing”**

***(NOTE: Cancellations are subject to a \$10
service charge and must be received 48
hours prior to the event.)***

Please send registration and payment to:

University of Oklahoma Health Sciences Center
College of Nursing
Continuing Education Department
P.O. Box 26901
Oklahoma City, OK 73117-1200



HOW CULTURAL BELIEFS AFFECT THE IMMUNE SYSTEM: FROM STIGMATA TO FIBROMYALGIA

TUESDAY, NOV. 28

10 a.m. – 3 p.m.

COLLEGE OF NURSING
CNB 130/LAWTON 611/TULSA 3106

SPONSORED BY
THE UNIVERSITY OF OKLAHOMA HEALTH SCIENCES CENTER
COLLEGE OF NURSING



How Cultural Beliefs Affect the Immune System: From Stigmata to Fibromyalgia

Objectives:

- Describe the theory of bio-cognition and how cultural beliefs impact health and longevity.
- Describe research findings in psycho-neuro-immunology that relate to the role of culturally derived emotions and thoughts on health and illness.
- Describe cultural interventions that enhance healing.
- Explore elements of bio-cultural and psycho-spiritual healing.

Program

- 9:30 a.m. Registration
- 10 a.m. "Bio-cognition: Culture vs. Society" – Dr. Mario E. Martinez
- 11 a.m. "The Bioethical Codes and Their Transgressions: The Biology of Ethics"
- 12 noon LUNCH
- 1 p.m. "The Elements of Biocultural and Psychospiritual Healing: The Mind-Body Code – The Neuroscience of Thoughts and Emotions"
- 2 p.m. "Psychoneuroimmunology and the Health Mind-Body Code from Physiological Helplessness to Bio-cognitive Empowerment"
- 3:15 p.m. Evaluation

Guest Speakers

Mario E. Martinez, Psy.D., is a clinical psychologist who lectures worldwide on his theory of Bi-cognition (how cultural beliefs affect health and longevity). He specializes in psycho-neuro-immunology and has published numerous professional articles on bio-cognition. Dr. Martinez is also a visiting scholar for the Complementary and Integrative Medicine Project at the University of Texas Medical Branch. In his new psychological novel, "The Man from Autumn," he explores how modern cognitive science and Christian mystical theology can converge to address stigmata as well as psycho-

spiritual conflicts that mimic psychiatric disorders. Dr. Martinez has made presentations to the BBC and National Geographic.

Location

The conference will be conducted at the University of Oklahoma Health Sciences Center College of Nursing, Room 130, Oklahoma City.

Parking

Please use the conference lot. Take Northeast Eighth Street to North Everest Avenue; the lot is on the right-hand side. Parking passes will be available at the registration table.

CE Credit

Those successfully completing the workshop will be awarded 5.1 **contact hours** by the College of Nursing. The University of Oklahoma College of Nursing is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Other

- ❖ Accommodations on the basis of disability are available by calling (405) 271-2062 by Oct. 6.
 - ❖ The University of Oklahoma is an equal opportunity institution.
-

-
- ❖ Brochure printed and distributed at no cost to the taxpayers of the State of Oklahoma.

**For more information,
please contact Kim Gaines or
Dr. Beverly Bowers
(NursingCE@ouhsc.edu)
Phone: (405) 271-2062
Fax: (405) 271-2842
E-mail: NursinaCE@ouhsc.edu**
